

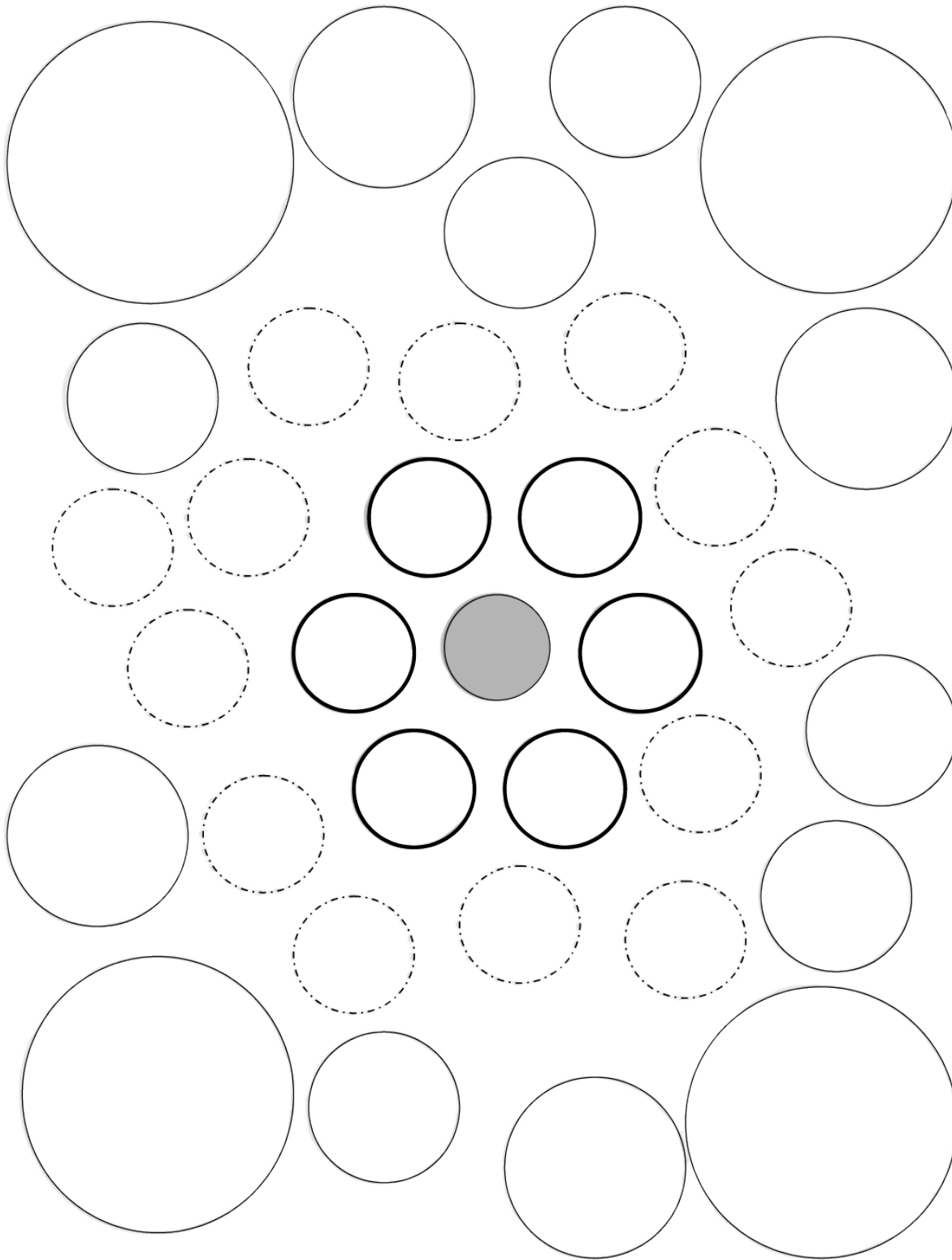
# RELATIONAL MAPPING

1. Write your name in the middle grey circle.

2. The surrounding bold outlines are your “pod”. Write the names of the people who are closest to, who you trust the most.

3. The dotted outlines surrounding your pod are **people who could be in your pod, but you need to build more relationship or trust with them.**

4. The gray circles at the edge are for **networks, communities, or groups** that could be resources for support. You can also write the names of individuals in those groups.



# RADICAL ECOSYSTEM PODS

A **POD** is a group of people who have come together to support each other through change, expected or unexpected. The people of a pod can connect based on geography, identity, values, a time-specific need, or a combination of factors. Pods have shared agreements for consent, communication, accountability and care. -REP for MN

## WHY PODS?

- **Concrete:** Organize with your people to navigate the current material realities.
- **Relational:** Organize and mobilize *through* your relationships & trust.
- **Collective:** When we strengthen our relationships, our community grows stronger, too.

**Ximena's COVID Housing Pod:** During the COVID-19 pandemic, Ximena moved in with her two best friends to save rent. They deepened their relationship by supporting each other through this global crisis.

## POD QUALITIES

- **Consent:** What commitments have you all agreed to?
- **Consistency:** How can you practice sustainability?
- **Connection:** Where can you find opportunities to connect?
- **Courage:** How do you show up & let others show up for you, even when it's hard?

**Simone's Study Pod:** Simon felt isolated after moving to Minneapolis for school. They set up a bi-weekly study group with classmates. When their car broke, the group offered to take turn giving them rides to class.

## POD EXAMPLES

- **General Pod:** Collaborate to meet everyday material needs.
- **Survivor Pod:** Care after trauma or experiencing harm.
- **Accountability Pod:** Facilitate accountability for harm.
- **Crisis Pod:** Navigate an unexpected emergency.
- **Transition Pod:** Support during major changes in life.
- **and more!**

**Marina's Crisis Pod:** Marina is going to have a surgery that requires months of recovery and makes it impossible to work. She recruits her roommate and her aunt to be on her "care squad" as she recovers.